

Trainingschema

SV Haslou

SEIZOEN 2021 - 2022

versie:

2.0

2-sep-21



| MAANDAG | | | | | | | | | | | | | | | | | | | | |
|---------|--------|-------|-------|-------|-------|-------|--------|-------|-------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|
| VELD | 18:00 | 18:10 | 18:20 | 18:30 | 18:40 | 18:50 | 19:00 | 19:05 | 19:20 | 19:35 | 19:50 | 20:05 | 20:20 | 20:20 | 20:35 | 20:50 | 21:05 | 21:20 | 21:35 | 21:45 |
| A1 | JO8-1 | | | | | | JO12-1 | | | | | JO17-2 | | | | | | | | |
| A2 | JO8-2 | | | | | | JO12-2 | | | | | JO19-1 | | | | | | | | |
| A3 | JO9-1 | | | | | | JO11-1 | | | | | JO17-1 | | | | | | | | |
| A4 | JO9-2 | | | | | | JO15-2 | | | | | | | | | | | | | |
| B1 | JO10-1 | | | | | | | | | | | | | | | | | | | |
| B2 | JO10-2 | | | | | | | | | | | | | | | | | | | |
| B3 | JO10-3 | | | | | | | | | | | | | | | | | | | |
| B4 | | | | | | | | | | | | | | | | | | | | |
| C1 | | | | | | | | | | | | | | | | | | | | |
| C2 | | | | | | | | | | | | | | | | | | | | |
| C3 | | | | | | | | | | | | | | | | | | | | |
| C4 | | | | | | | | | | | | | | | | | | | | |

| DINSDAG | | | | | | | | | | | | | | | | | | | | | | |
|---------|-------|-------|-------|-------|------------------|-------|-------|-------|-------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| VELD | 18:00 | 18:10 | 18:20 | 18:30 | 18:40 | 18:50 | 19:00 | 19:00 | 19:10 | 19:20 | 19:30 | 19:40 | 19:50 | 20:00 | 20:15 | 20:30 | 20:45 | 21:00 | 21:15 | 21:30 | 21:45 | 22:00 |
| A1 | | | | | JO15-1 | | | | | | | H1+2 | | | | | | | | | | |
| A2 | | | | | KEEPERS TRAINING | | | | | | | DAMES | | | | | | | | | | |
| A3 | | | | | JO13-1 | | | | | | | JO19-2 | | | | | | | | | | |
| A4 | | | | | JO13-2 | | | | | | | | | | | | | | | | | |
| B1 | | | | | | | | | | | | | | | | | | | | | | |
| B2 | | | | | | | | | | | | | | | | | | | | | | |
| B3 | | | | | | | | | | | | | | | | | | | | | | |
| B4 | | | | | | | | | | | | | | | | | | | | | | |
| C1 | | | | | | | | | | | | | | | | | | | | | | |
| C2 | | | | | | | | | | | | | | | | | | | | | | |
| C3 | | | | | | | | | | | | | | | | | | | | | | |
| C4 | | | | | | | | | | | | | | | | | | | | | | |

| WOENSDAG | | | | | | | | | | | | | | | | | | | | |
|----------|--------|-------|-------|-------|-------|-------|--------|-------|-------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|
| VELD | 18:00 | 18:10 | 18:20 | 18:30 | 18:40 | 18:50 | 19:00 | 19:05 | 19:20 | 19:35 | 19:50 | 20:05 | 20:20 | 20:20 | 20:35 | 20:50 | 21:05 | 21:20 | 21:35 | 21:45 |
| A1 | JO10-1 | | | | | | JO15-2 | | | | | JO17-1 | | | | | | | | |
| A2 | JO10-2 | | | | | | JO11-1 | | | | | JO19-1 | | | | | | | | |
| A3 | JO7-1 | | | | | | | | | | | | | | | | | | | |
| A4 | JO10-3 | | | | | | | | | | | | | | | | | | | |
| B1 | JO8-1 | | | | | | JO12-2 | | | | | | | | | | | | | |
| B2 | JO8-2 | | | | | | JO12-1 | | | | | | | | | | | | | |
| B3 | JO9-1 | | | | | | | | | | | | | | | | | | | |
| B4 | JO9-2 | | | | | | | | | | | | | | | | | | | |
| C1 | | | | | | | | | | | | | | | | | | | | |
| C2 | | | | | | | | | | | | | | | | | | | | |
| C3 | | | | | | | | | | | | | | | | | | | | |
| C4 | | | | | | | | | | | | | | | | | | | | |

| DONDERDAG | | | | | | | | | | | | | | | | | | | | | |
|-----------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|
| VELD | 18:00 | 18:10 | 18:20 | 18:30 | 18:40 | 18:50 | 19:00 | 19:10 | 19:20 | 19:30 | 19:40 | 19:50 | 20:00 | 20:15 | 20:30 | 20:45 | 21:00 | 21:15 | 21:30 | 21:45 | 22:00 |
| A1 | | JO13-1 | | | | | | | | | | | | H3+4+5 | | | | | | | |
| A2 | | JO13-2 | | | | | | | | | | | | | | | | | | | |
| A3 | | JO15-1 | | | | | | | | | | | | | | | | | | | |
| A4 | | JO19-2 | | | | | | | | | | | | | | | | | | | |
| B1 | | | | | | | | | | | | | | | | | | | | | |
| B2 | | | | | | | | | | | | | | | | | | | | | |
| B3 | | | | | | | | | | | | | | JO17-2 | | | | | | | |
| B4 | | | | | | | | | | | | | | | | | | | | | |
| C1 | | | | | | | | | | | | | | | | | | | | | |
| C2 | | | | | | | | | | | | | | | | | | | | | |
| C3 | | | | | | | | | | | | | | | | | | | | | |
| C4 | | | | | | | | | | | | | | | | | | | | | |

| VRIJDAG | | | | | | | | | | | | | | | | | | | | | |
|---------|-------|-------|-------|-------|-------|-------|-----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| VELD | 18:00 | 18:15 | 18:30 | 18:45 | 19:00 | 19:15 | 19:30 | 19:45 | 20:00 | 20:15 | 20:30 | 20:45 | 21:00 | 21:15 | 21:30 | 21:45 | 22:00 | 22:15 | 22:30 | 22:45 | 23:00 |
| A1 | | | | | | | H1+2 | | | | | | | | | | | | | | |
| A2 | | | | | | | | | | | | | | | | | | | | | |
| A3 | | | | | | | | | | | | | | | | | | | | | |
| A4 | | | | | | | | | | | | | | | | | | | | | |
| B1 | | | | | | | DAMES | | | | | | | | | | | | | | |
| B2 | | | | | | | | | | | | | | | | | | | | | |
| B3 | | | | | | | | | | | | | | | | | | | | | |
| B4 | | | | | | | VETERANEN | | | | | | | | | | | | | | |
| C1 | | | | | | | | | | | | | | | | | | | | | |
| C2 | | | | | | | | | | | | | | | | | | | | | |
| C3 | | | | | | | | | | | | | | | | | | | | | |
| C4 | | | | | | | | | | | | | | | | | | | | | |

| LEGENDA |
|---------------------|
| interval 10 minuten |
| interval 15 minuten |
| kunstgrasveld |
| natuurgrasveld |

| KLEEDLOKAAL | MA | DI | WO | DO | VR |
|----------------|----|-----|----|-----|-----|
| JO7-1/2 | | | | | |
| JO8-1 | 6 | | 6 | | |
| JO8-2 | 7 | | 7 | | |
| JO9-1 | 1 | | 1 | | |
| JO9-2 | 2 | | 2 | | |
| JO10-1 | 3 | | 3 | | |
| JO10-2 | 4 | | 4 | | |
| JO10-3 | 5 | | 5 | | |
| JO11-1 | 6 | | 6 | | |
| JO12-1 | 7 | | 7 | | |
| JO12-2 | 8 | | 8 | | |
| JO13-1 | | 5 | | 5 | |
| JO13-2 | | 8 | | 8 | |
| JO15-1 | | 6 | | 6 | |
| JO15-2 | 4 | | 4 | | |
| JO17-1 | 1 | | 1 | | |
| JO17-2 | 2 | | | 4 | |
| JO19-1 | 3 | | 3 | | |
| JO19-2 | | 3 | | 3 | |
| KEEPERS | | 7 | | | |
| SENIOREN 1+2 | | 1+2 | | | 1+2 |
| SENIOREN 3+4+5 | | | | 1+2 | |
| VETERANEN | | | | | 3 |
| DAMES | | 4 | | | 4 |